

Ayurveda Week



Essay Competition
29 Oct 2021

SBMN
AYURVEDIC
COLLEGE

Asthal Bohar, Rohtak



Shri Baha Mastnath Ayurvedic College

(Recognised by Ministry of AYUSH, NCISM New Delhi)

Asthal Bohar, Rohtak, NH-10 NCR, Haryana



National Commission for
Indian System of Medicine



Organizing



Essay Competition

Topic

**"Importance of Diet in
General Health "**



**Essay
Competition**

Friday, 29th Oct. 2021 || 10:00 AM to 12:00 Noon

Venue : Mini Auditorium, BMU Campus

**Exciting Prizes & Certificate
Will Be Awarded**

Co-ordinator
Dr. Pankaj

Co-ordinator
Dr. Shivangi

Dr Neeraj Kumar Khare (Convener)
Organizing Committee

COMPETITION RULES:

- » TOPIC- Importance of Diet in General Health
- » The essay must have an introduction, body and conclusion
- » Name of the participant, batch year should be written at the end of the essay.
- » Length of the essay should not exceed 500 words.
- » The essay must be written either in English or Hindi language.
- » The essay can be handwritten or typed.
- » The essay should be submitted in PDF format only.



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Dr. Pankaj

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1. Essay competition held on 29th Oct. 2021 on the topic Importance of Diet in General health
Winners are:-

1st Position:- Sakshi

2nd Position:- Geetu

3rd Position:- Chaitanya